



Approved by:



## A - B Whirl

### 2 WALL – 24 COUNTS – ABSOLUTE BEGINNER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b>	<b>Heel, Clap, Toe, Clap, 2 x Heel Struts Forward</b>		
1 – 2	Touch right heel forward. Clap	Heel Clap	On the spot
3 – 4	Touch right toe back. Clap.	Toe Clap	
5 – 6	Step right heel forward. Drop right toe taking weight.	Right Strut	Forward
7 – 8	Step left heel forward. Drop left toe taking weight.	Left Strut	
<b>Section 2</b>	<b>Jazz Box x 2</b>		
1 – 2	Cross right over left. Step left back.	Cross Back	On the spot
3 – 4	Step right to right side. Close left beside right.	Side Together	
5 – 6	Cross right over left. Step left back.	Cross Back	
7 – 8	Step right to right side. Close left beside right.	Side Together	
<b>Section 3</b>	<b>Step, Pivot 1/4, Stomp, Stomp, Step, Pivot 1/4, Stomp, Stomp</b>		
1 – 2	Step right forward. Pivot 1/4 turn left.	Step Pivot	Turning left
3 – 4	Stomp right in place. Stomp left in place.	Stomp Stomp	On the spot
5 – 6	Step right forward. Pivot 1/4 turn left.	Step Pivot	Turning left
7 – 8	Stomp right in place. Stomp left in place.	Stomp Stomp	On the spot

**Choreographed by:** Val Myers (UK) February 2004

**Music suggestions:** As this is an AB dance, many tracks could be used.

Some suggestions (In alphabetical order);  
 'Dance, Shout' (117 bpm) by Wynona (48 count intro);  
 'If It don't come Easy' (140 bpm) by Tanya Tucker (16 count intro);  
 'Too Much Candy For A Dime' (128 bpm) by Eddy Raven (16 count intro);  
 '455 Rocket' (125 bpm) by Kathy Mattea (16 count intro)



A video clip of this dance is available at [www.linedancermagazine.com](http://www.linedancermagazine.com)